



With each woman  
in the different stages  
of her life

## **INTERNATIONAL PRODUCT LIST 2025**



**Contraceptives**



**Menstrual Relief**



**Sexual health**



**Intimate care**



**Maternity / Fertility**



**Maturity / Menopause**



**Vitamin and mineral deficiency**



# GYNERING

## ACTIVE SUBSTANCE:

Etonogestrel (0.120 mg) and ethinylestradiol (0.015 mg) vaginal delivery system.

## MAIN BENEFITS:

- Combined hormonal contraceptive low-dose, for intravaginal use, based on etonogestrel and ethinylestradiol.
- Ethylene vinyl acetate polymer, with demonstrated safety of EVA polymers in continuous use on the vaginal mucosa<sup>1</sup>.
- Does not require cold storage.
- Better ADHERENCE: no daily intake require.

## FORMAT:

- 1 Box with 1 vaginal ring.
- 1 Box with 3 vaginal rings.
- 1 Box with 6 vaginal rings.

## MARKET POSITIONING:

Contraceptives.

## POSOLOGY:

Consult technical sheet:

[https://cima.aemps.es/cima/dochtml/ft/82755/FT\\_82755.html](https://cima.aemps.es/cima/dochtml/ft/82755/FT_82755.html)

## EU CLASSIFICATION:

Medicine.



WITH PRESCRIPTION

1.López-Picado A, Lapuente O, Lete I. Efficacy and side-effects profile of the ethinylestradiol and etonogestrel contraceptive vaginal ring: a systematic review and meta-analysis. Eur J Contracept Reprod Health Care. 2017 Apr;22(2):131-146.)



## INGREDIENTS:

Each vaginal ring contains 11.7 mg of etonogestrel and 2.7 mg of ethinylestradiol. Also contains ethylene-vinyl acetate copolymer (28% vinyl acetate) and ethylene-vinyl acetate copolymer (9% vinyl acetate) and magnesium stearate.



# NATURCALM

**NEW****ACTIVE SUBSTANCE:**

Cedarwood Oil, *Ruscus aculeatus* (butcher's broom), Mentha Oil, Lavandula, Salvia and Aloe Vera.

**MAIN BENEFITS:**

- *Ruscus aculeatus* (butcher's broom) contributes to the sensation of relieve the Menstrual discomfort.
- Cedarwood Oil provides a relaxing sensation.
- Menthol provides freshness.
- Aloe Vera contributes to hydrate the area.
- *Lavandula officinalis* helps to reduce the feeling of discomfort associated with menstrual cramps.
- *Salvia sclarea* oil is used as an aromatic therapy for dysmenorrhea.

**FORMAT:**

Gel in a tube of 50g.

**MARKET POSITIONING:**

Menstrual relief.

**POSOLOGY:**

Apply enough gel 2 to 3 times a day with a light massage in circular movements on the lower abdomen area.

**EU CLASSIFICATION:**

Cosmetic.



# GYNFEEL

## ACTIVE SUBSTANCE:

*Tribulus terrestris*, Saffron (*Crocus sativus*), Damiana (*Turnera aphrodisiaca*) extracts and vitamins A, B<sub>5</sub>, B<sub>6</sub>.

## MAIN BENEFITS:

- ***Tribulus terrestris*** extract enhance the desire and the sexual ability.
- ***Crocus sativus* (Saffron)** extract stimulates the libido and helps to maintain a positive mood.

## FORMAT:

30 tablets.

4 tablets (sample).

## MARKET POSITIONING:

Sexual health.

## POSODOLOGY:

1 capsule a day accompanied by liquid. It is recommended to take a minimum of 3 months to observe the desired effect.

This product is intended for adults.

Do not use during pregnancy or breastfeeding.

## EU CLASSIFICATION:

Food supplement.



## INGREDIENTS:

| NUTRIENT                            | PER TABLET                          | %NRV |
|-------------------------------------|-------------------------------------|------|
| <i>Tribulus terrestris</i> extract  | 500 mg<br>(100 mg of protodioscins) |      |
| <i>Turnera aphrodisiaca</i> extract | 50 mg                               |      |
| <i>Crocus sativus</i> extract       | 30 mg                               |      |
| Vitamin B <sub>5</sub>              | 6 mg                                | 100% |
| Vitamin B <sub>6</sub>              | 1.4 mg                              | 100% |
| Vitamin A (retinol equivalent)      | 800 µg                              | 100% |

NRV: Nutritional Reference Value.



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE

# MELAGYN GEL

## ACTIVE SUBSTANCE:

Melaleuca alternifolia (Tea tree) Leaf Oil.

## MAIN BENEFITS:

- Restores and protects the intimate area.
- It relieves itching and irritation of the woman's intimate area.
- Restores and protects the intimate area skin and leave the skin feeling refreshed and comfortable.
- Maintain the vulvar pH with its physiological parameters.
- Dermatologically and gynaecologically tested.

## FORMAT:

200 ml.

500 ml. **NEW FORMAT**

5 ml. sachet (sample).

Bottle of 50 ml. (sample).

## MARKET POSITIONING:

Intimate care.

## POSOLOGY:

Moisten the intimate area with water, apply until get the lather and rinse with plenty of water. One or two applications per day are recommended for regular intimate hygiene and to relieve irritation or discomfort in the vulvar, perineal and anal areas.

External use.

## EU CLASSIFICATION:

Cosmetic.



USER TEST



 SUITABLE  
FOR VEGANS



 CLINICALLY TESTED

 SUITABLE FOR  
SENSITIVE SKINS

 GLUTEN-FREE

 LACTOSE-FREE



# MELAGYN MOUSSE

## ACTIVE SUBSTANCE:

Melaleuca alternifolia (Tea tree) Leaf Oil.

## MAIN BENEFITS:

- Hygiene and daily care of the intimate area.
- It relieves the irritation or discomfort in the vulvar, perineal and anal areas.
- Restores and protects the intimate area skin and leave the skin feeling refreshed and comfortable.
- Dermatologically and gynaecologically tested.
- Physiological pH.

## FORMAT:

150 ml.

50 ml (sample).

## MARKET POSITIONING:

Intimate care.

## POSODOLOGY:

Perform 1-2 pumps, apply to the intimate area and rinse with plenty of water. It can be used once or twice a day as needed.

## EU CLASSIFICATION:

Cosmetic.



USER TEST



  
SUITABLE  
FOR VEGANS



 CLINICALLY TESTED

 SUITABLE FOR  
SENSITIVE SKINS

 GLUTEN-FREE

 LACTOSE-FREE



Contraceptives

Menstrual relief

Sexual health

**Intimate care**

Maternity / Fertility

Maturity / Menopause

Vitamin and mineral deficiency

# MELAGYN PREGNANCY

## ACTIVE SUBSTANCE:

Aloe barbadensis Leaf Juice, Hamamelis virginiana Leaf Extract, Inulin, Alpha-Glucan Oligosaccharide, Lactic Acid.

## MAIN BENEFITS:

- Intimate daily hygiene and protection specially formulated for pregnancy, breastfeeding and postpartum.
- Gently cleanses providing protection and freshness in the intimate area (pH 4,5). Formula without soap and without fragrance.
- Dermatologically and gynaecologically tested.

## FORMAT:

200ml.

## MARKET POSITIONING:

Intimate care.

## POSOLOGY:

Press once and apply the gel in the intimate area after first dampening with a bit of water to form a gentle foam. Rinse with plenty of water. It can be used once or twice a day as needed.

## EU CLASSIFICATION:

Cosmetic.



  
SUITABLE  
FOR VEGANS



-  CLINICALLY TESTED
-  SUITABLE FOR SENSITIVE SKINS
-  GLUTEN-FREE
-  LACTOSE-FREE
-  94% INGREDIENTS OF NATURAL ORIGIN



# MELAGYN SPRAY

## ACTIVE SUBSTANCE:

Melaleuca alternifolia (Tea tree) Leaf Oil.

## MAIN BENEFITS:

- Refreshes and protects the intimate area. It relieves itching, stinging and irritation of the woman's intimate area.
- Natural deodorant effect.
- Provides a feeling of freshness and long-lasting comfort.
- Dermatological and gynaecologically tested.

## FORMAT:

50 ml.

## MARKET POSITIONING:

Intimate care.

## POSODOLOGY:

Shake before use. Spray on the genital area as needed.  
Do not rinse the intimate area.

## EU CLASSIFICATION:

Cosmetic.



# MELAGYN WIPES

## ACTIVE SUBSTANCE:

Melaleuca alternifolia (Tea tree) Leaf Oil.

## MAIN BENEFITS:

- Hygiene and freshness anywhere, anytime, especially during the menstrual cycle, in case of excessive flow, sweating, sexual relations, light urine loss, etc.
- Dermatologically and gynaecologically tested.

## FORMAT:

Flow-pack (15 wipes).

1 box that contains 14 individual sachets.

## MARKET POSITIONING:

Intimate care.

## POSODOLOGY:

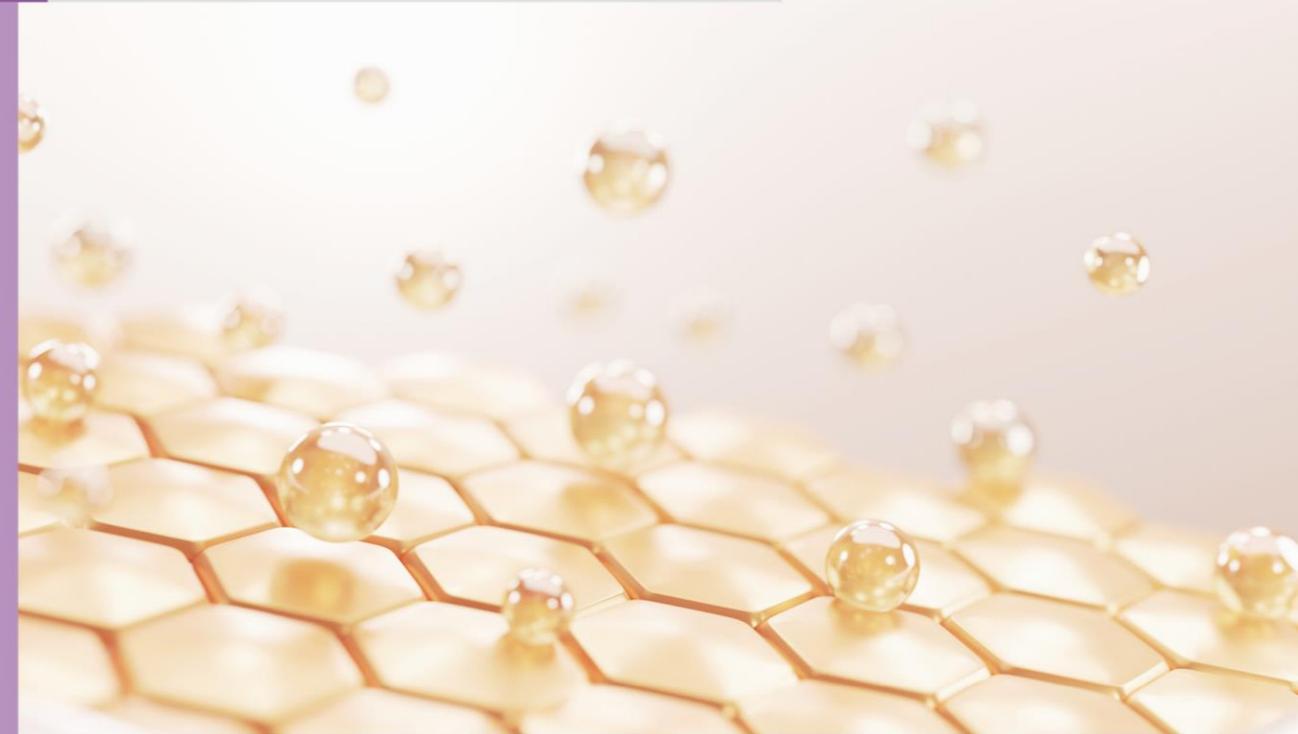
Apply the wet wipes on the intimate area without rinsing. It does not need drying.

## EU CLASSIFICATION:

Cosmetic.



USER TEST



 SUITABLE  
FOR VEGANS



 CLINICALLY TESTED  SUITABLE FOR SENSITIVE SKINS  GLUTEN-FREE  LACTOSE-FREE



# MELAGYN VAGINAL MOISTURIZER

## ACTIVE SUBSTANCE:

Hyaluronic acid, Centella asiatica, Aloe vera, Glycoproteins, Alpha-gluco-oligosaccharides.

## MAIN BENEFITS:

- Non-hormonal mucoadhesive moisturizing gel for vulvovaginal dryness.
- Moisturizes and contributes to the recovery of the flexibility and elasticity of the vaginal mucosa.
- Provides immediate and long-lasting relief from vaginal dryness.
- Indicated to improve sexual relations in case of vaginal dryness or the use of tampons.
- Gynaecologically tested.

## FORMAT:

Tube 60 g + 1 Applicator.

Tube 3 g + 1 Applicator.

## MARKET POSITIONING:

Intimate care.

## POSODOLOGY:

Apply 2.5 g of gel 2 times per week. It can be used daily if necessary. It can be applied in the vulvo perineal area in case of vulvar dryness.

## SPAIN CLASSIFICATION:

Personal care product.



USER TEST



CLINICALLY TESTED



100% NON-HORMONAL



GLUTEN-FREE



# MELAGYN VULVAR MOISTURIZER

## ACTIVE SUBSTANCE:

Hyaluronic acid, Centella asiatica, Aloe vera, Melaleuca alternifolia (Tea tree) Leaf Oil, MPC (Milk Protein Complex) and Syricalm.

## MAIN BENEFITS:

- Gel specifically formulated to keep the vulvar area moisturized.
- Moisturizes, soothes, refreshes and prevents redness in the area.
- Helps to recover comfort and well-being.
- Restores the barrier function of the vulvar area while respecting the pH of the intimate area.
- Dermatologically and gynaecologically tested.

## FORMAT:

Tube 30 g.

Sachet 5g (Sample).

## MARKET POSITIONING:

Intimate care.

## POSOLOGY:

Clean the intimate area and, once dry, apply twice a day, morning and evening, massaging gently until completely absorbed.

## EU CLASSIFICATION:

Cosmetic.



USER TEST



# MELAGYN PEDIATRIC

## ACTIVE SUBSTANCE:

*Melaleuca alternifolia* (Tea tree) Leaf Oil.

## MAIN BENEFITS:

- Intimate hygiene and protection for kids over 3 years old and up to 12 years old.
- Soothing properties and natural deodorant effect of *Melaleuca alternifolia* (Tea tree) Leaf Oil.
- Mild cleansing base, does not dry out.
- Maintains the physiological balance of children's intimate area.
- pH 5.
- Dermatologically, pediatric and gynecologically tested.

## FORMAT:

200 ml.

## MARKET POSITIONING:

Intimate care.

## POSOLOGY:

Apply to the area to be washed previously moistened with water. Rinse thoroughly and dry. In girls, dry from the vulva towards the anus, never the other way around. Use in children older than 3 years.

## EU CLASSIFICATION:

Cosmetic.



USER TEST



 SUITABLE  
FOR VEGANS



 CLINICALLY TESTED

 GLUTEN-FREE

 LACTOSE-FREE



# GESTAGYN PRECONCEPTION

## ACTIVE SUBSTANCE:

DHA Microalgae, Folic Acid, Iron (Ferginate), Vitamin A (Betacarotene), Vitamin D<sub>3</sub>, and , Zinc and other vitamins and minerals.

## MAIN BENEFITS:

- **Iron** contributes to normal formation of red blood cells and haemoglobin.
- **Ferginate** is a ferric saccharate microencapsulated in a matrix that protects it from the acid pH of the stomach. Its release is progressive and its absorption is optimal in the duodenum, avoiding gastrointestinal side effects.
- **Vitamin A** has a role in the process of cell specialisation.
- Supplemental **folic acid** intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing foetus. The beneficial effect is obtained with a supplemental folic acid daily intake of 400 µg for at least one month before and up to three months after conception.<sup>1</sup>
- **Zinc** contributes to normal fertility and reproduction.
- **Vitamin B<sub>6</sub>** contributes to the regulation of hormonal activity.

## FORMAT:

30 capsules.

4 capsules (sample).

## MARKET POSITIONING:

Maternity / Fertility.

## POSODOLOGY:

1 capsule a day.

## EU CLASSIFICATION:

Food supplement.

## INGREDIENTS:

| NUTRIENT                                   | PER CAPSULE    | %NRV |
|--|----------------|------|
| DHA (docosahexaenoic acid) from microalgae | 100 mg         |      |
| Folic acid (L-methylfolate)                | 400 µg         | 200% |
| Vitamin A (retinol equivalent)             | 700 µg         | 88%  |
| Vitamin B <sub>6</sub>                     | 1.4 mg         | 100% |
| Vitamin B <sub>12</sub>                    | 2.5 µg         | 100% |
| Vitamin D <sub>3</sub>                     | 20 µg (800 UI) | 400% |
| Vitamin E (alpha-tocopherol equivalent)    | 12 mg          | 100% |
| Iron (Ferginate)                           | 18 mg          | 129% |
| Iodine                                     | 150 µg         | 100% |
| Selenium                                   | 55 µg          | 100% |
| Zinc                                       | 10 mg          | 100% |

NRV: Nutritional Reference Value.



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE



SUGARS-FREE

1. The abnormal development of the fetus is due to multiple risk factors. Changing any of these factors may or may not have a beneficial effect.



# GESTAGYN PREGNANCY

## ACTIVE SUBSTANCE:

DHA Microalgae, Folic Acid, Iodine, Iron (Ferginate), Vitamin A (Betacarotene), Vitamin D<sub>3</sub> and other vitamins and minerals.

## MAIN BENEFITS:

- **Docosahexaenoic acid (DHA)** maternal intake contributes to the normal brain development of the foetus.
- Supplemental **folic acid** intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing foetus. The beneficial effect is obtained with a supplemental folic acid daily intake of 400 µg for at least one month before and up to three months after conception<sup>1</sup>.
- **Iron** contributes to normal formation of red blood cells and haemoglobin.

## FORMAT:

30 capsules.

4 capsules (sample).

## MARKET POSITIONING:

Maternity / Fertility.

## POSODOLOGY:

1 capsule a day.

## EU CLASSIFICATION:

Food supplement.

## INGREDIENTS:

| NUTRIENT                                    | PER CAPSULE    | %NRV |
|---|----------------|------|
| DHA (docosahexaenoic acid) from microalgae  | 200 mg         |      |
| Iron (Ferginate)                            | 14 mg          | 100% |
| Folic acid (L-methylfolate)                 | 400 µg         | 200% |
| Vitamin B <sub>5</sub>                      | 6.0 mg         | 100% |
| Biotin                                      | 50 µg          | 100% |
| Vitamin A (retinol equivalent)              | 700 µg         | 88%  |
| Vitamin B <sub>1</sub>                      | 1.1 mg         | 100% |
| Vitamin B <sub>2</sub>                      | 1.4 mg         | 100% |
| Vitamin B <sub>3</sub> (niacine equivalent) | 16 mg          | 100% |
| Vitamin B <sub>6</sub>                      | 1.4 mg         | 100% |
| Vitamin B <sub>12</sub>                     | 2.5 µg         | 100% |
| Vitamin C                                   | 80 mg          | 100% |
| Vitamin D <sub>3</sub>                      | 20 µg (800 UI) | 400% |
| Vitamin E (alpha-tocopherol equivalent)     | 12 mg          | 100% |
| Vitamin K                                   | 75 µg          | 100% |
| Copper                                      | 1 mg           | 100% |
| Chromium                                    | 40 µg          | 100% |
| Manganese                                   | 2.0 mg         | 100% |
| Molybdenum                                  | 50 µg          | 100% |
| Selenium                                    | 55 µg          | 100% |
| Iodine                                      | 150 µg         | 100% |
| Zinc  | 10 mg          | 100% |

NRV: Nutritional Reference Value.



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE



SUGARS-FREE

1. The beneficial effect is obtained with a supplemental folic acid daily intake of 400 µg for at least one month before and up to three months after conception.

# GESTAGYN BREASTFEEDING

## ACTIVE SUBSTANCE:

DHA Microalgae, Iron (Ferginate), Vitamin C, Selenium, Zinc and other vitamins and minerals.

## MAIN BENEFITS:

- **Docosahexaenoic acid (DHA)** maternal intake contributes to the normal development of the brain and eyes of the breastfed infants.
- **Iron** and **Vitamin C** contribute to the normal function of the immune system and to the reduction of tiredness and fatigue.
- **Biotin, Selenium** and **Zinc** contribute to the maintenance of normal hair.
- Supplemental **folic acid** intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing foetus. The beneficial effect is obtained with a supplemental folic acid daily intake of 400 µg for at least one month before and up to three months<sup>1</sup>.

## FORMAT:

30 capsules.

4 capsules (sample).

## MARKET POSITIONING:

Maternity / Fertility.

## POSODOLOGY:

1 capsule a day.

## EU CLASSIFICATION:

Food supplement.

1. The abnormal development of the fetus is due to multiple risk factors. Changing any of these factors may or may not have a beneficial effect.

## INGREDIENTS:

| NUTRIENT                                    | PER CAPSULE    | %NRV |
|---|----------------|------|
| DHA (docosahexaenoic acid) from microalgae  | 200 mg         |      |
| Iron (Ferginate)                            | 14 mg          | 100% |
| Folic acid (L-methylfolate)                 | 300 µg         | 150% |
| Vitamin B <sub>5</sub>                      | 6.0 mg         | 100% |
| Biotin                                      | 50 µg          | 100% |
| Vitamin A (retinol equivalent)              | 1000 µg        | 125% |
| Vitamin B <sub>1</sub>                      | 1.1 mg         | 100% |
| Vitamin B <sub>2</sub>                      | 1.6 mg         | 114% |
| Vitamin B <sub>3</sub> (niacine equivalent) | 16 mg          | 100% |
| Vitamin B <sub>6</sub>                      | 2.0 mg         | 143% |
| Vitamin B <sub>12</sub>                     | 2.5 µg         | 100% |
| Vitamin C                                   | 100 mg         | 125% |
| Vitamin D <sub>3</sub>                      | 20 µg (800 UI) | 400% |
| Vitamin E (alpha-tocopherol equivalent)     | 15mg           | 125% |
| Vitamin K                                   | 75 µg          | 100% |
| Copper                                      | 1 mg           | 100% |
| Chromium                                    | 40 µg          | 100% |
| Manganese                                   | 2.0 mg         | 100% |
| Molybdenum                                  | 50 µg          | 100% |
| Selenium                                    | 55 µg          | 100% |
| Iodine                                      | 200 µg         | 133% |
| Zinc  | 10 mg          | 100% |

NRV: Nutritional Reference Value.



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE



SUGARS-FREE



# GESTAGYN PLUS

## ACTIVE SUBSTANCE:

Folic Acid, DHA, Iodine, Iron Bysglicinate, Vitamin A (Betacarotene), Vitamin D<sub>3</sub> and other vitamins and minerals.

## MAIN BENEFITS:

- Supplemental **folic acid** intake increases maternal folate status. Low maternal folate status is a risk factor in the development of neural tube defects in the developing fetus.<sup>1,2</sup>
- **Docosahexaenoic acid (DHA)** maternal intake contributes to the normal development of the eye and brain of the fetus and breastfed infants.<sup>2,3</sup>

## FORMAT:

30 capsules.  
4 capsules (sample).

## MARKET POSITIONING:

Maternity / Fertility.

## POSOLOGY:

1 capsule a day.

## EU CLASSIFICATION:

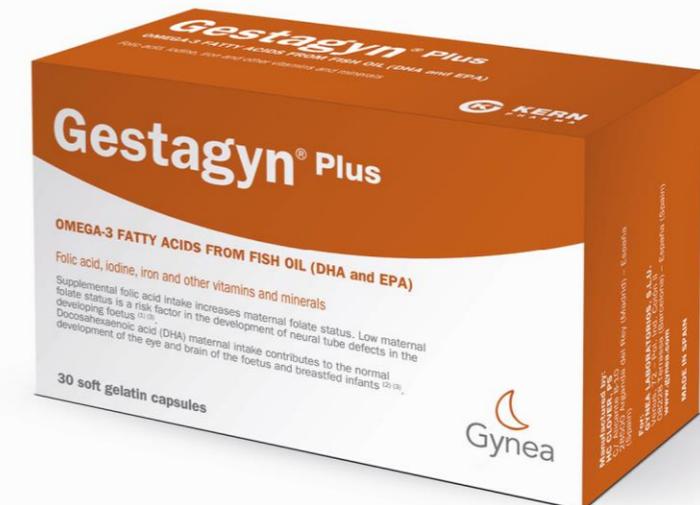
Food supplement.

1. The beneficial effect is obtained with a supplemental folic acid daily intake of 400 µg for at least one month before and up to three months after conception.
2. The abnormal development of the fetus is due to multiple risk factors. Changing any of these factors may or may not have a beneficial effect.
3. For pregnant and lactating women, the beneficial effect is obtained with a daily intake of 200 mg of DHA in addition to the recommended daily intake for omega-3 fatty acids for adults, i.e. 250 mg docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA).

## INGREDIENTS:

| NUTRIENT                                    | PER CAPSULE   | %NRV  |
|---|---------------|-------|
| Fish Oil                                    | 400 mg        |       |
| • Omega 3                                   | 240 mg        |       |
| - DHA (docosahexaenoic acid)                | 200 mg        |       |
| - EPA (eicosapentaenoic acid)               | 24 mg         |       |
| Folic Acid                                  | 400 µg        | 200%  |
| Vitamin B <sub>5</sub>                      | 6,0 mg        | 100%  |
| Biotin                                      | 50 µg         | 100%  |
| Vitamin A (retinol equivalent)              | 700 µg        | 87.5% |
| Vitamin B <sub>1</sub>                      | 1.1 mg        | 100%  |
| Vitamin B <sub>2</sub>                      | 1.4 mg        | 100%  |
| Vitamin B <sub>3</sub> (niacine equivalent) | 16 mg         | 100%  |
| Vitamin B <sub>6</sub>                      | 1.4 mg        | 100%  |
| Vitamin B <sub>12</sub>                     | 2.5 µg        | 100%  |
| Vitamin C                                   | 80 mg         | 100%  |
| Vitamin D <sub>3</sub>                      | 5 µg (200 UI) | 100%  |
| Vitamin E (alpha-tocopherol equivalent)     | 8 mg          | 66.7% |
| Iron Bysglicinate                           | 14 mg         | 100%  |
| Iodine                                      | 150 µg        | 100%  |
| Zinc  | 10 mg         | 100%  |

NRV: Nutritional Reference Value.



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE



SUGARS-FREE



# GESTAGYN MEN

## ACTIVE SUBSTANCE:

Astaxanthin, DHA, Zinc, Selenium, Melatonin and other vitamins and minerals.

## MAIN BENEFITS:

- **Astaxanthin:** powerful antioxidant that reduces ROS (reactive oxygen species) and contributes to improve sperm quality.
- **DHA:** main fatty acid of the spermatic membrane that contributes to improve sperm morphology, concentration and vitality.
- **Zinc** contributes to normal fertility.
- **Selenium** contributes to normal spermatogenesis.
- **Zinc, Selenium** and **Vitamin E** contribute to the protection of cells from oxidative stress.

## FORMAT:

60 capsules.  
4 capsules (sample).

## MARKET POSITIONING:

Maternity / Fertility.

## POSODOLOGY:

1 capsule a day.

## EU CLASSIFICATION:

Food supplement.

## INGREDIENTS:

| NUTRIENT                                | PER CAPSULE | %NRV |
|---|-------------|------|
| DHA (docosahexaenoic acid)              | 500 mg      |      |
| Astaxanthin                             | 8 mg        |      |
| Zinc                                    | 10 mg       | 100% |
| Selenium                                | 55 µg       | 100% |
| Coenzyme Q10                            | 100 mg      |      |
| Melatonina                              | 0.5 mg      |      |
| Vitamin B <sub>9</sub> (folic acid)     | 200 µg      | 100% |
| Vitamin B <sub>12</sub>                 | 2.5 µg      | 100% |
| Vitamin E (alpha-tocopherol equivalent) | 12 mg       | 100% |

NRV: Nutritional Reference Value.



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE



SUGARS-FREE



# GESTAMEN

## ACTIVE SUBSTANCE:

DHA, Folic Acid, Zinc, Selenium, Coenzyme Q10, Melatonin, Vitamins C and E, and other vitamins.

## MAIN BENEFITS:

- **DHA:** main fatty acid of the spermatic membrane that contributes to improve sperm morphology, concentration and vitality.
- **Zinc** contributes to normal fertility.
- **Selenium** contributes to normal spermatogenesis.
- **Zinc, Selenium** and **Vitamin E** contribute to the protection of cells from oxidative stress.

## FORMAT:

30 capsules.

4 capsules (sample).

## MARKET POSITIONING:

Maternity and fertility.

## POSODOLOGY:

1 capsule a day.

## EU CLASSIFICATION:

Food supplement.

## INGREDIENTS:

| NUTRIENT                                | PER CAPSULE | %NRV |
|---|-------------|------|
| DHA (docosahexaenoic acid)              | 400 mg      |      |
| Zinc                                    | 10 mg       | 100% |
| Selenium                                | 55 µg       | 100% |
| Coenzyme Q10                            | 100 mg      |      |
| Melatonin                               | 1 mg        |      |
| Vitamin B <sub>9</sub> (folic acid)     | 200 µg      | 100% |
| Vitamin B <sub>12</sub>                 | 2.5 µg      | 100% |
| Vitamin C                               | 100 mg      | 125% |
| Vitamin E (alpha-tocopherol equivalent) | 12 mg       | 100% |

NRV: Nutritional Reference Value.



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE



SUGARS-FREE



# CIMINOCTA

## ACTIVE SUBSTANCE:

Cimicifuga racemosa extract, Melatonin and Vitamin B6.

## MAIN BENEFITS:

- **Cimicifuga racemosa** helps women to maintain a calm and comfortable menopause and overcome associated signs such as hot flashes, sweating, restlessness and irritability.
- **Melatonin** contributes to the reduction of time taken to fall asleep\*.
- **Vitamin B<sub>6</sub>** contributes to the reduction of tiredness and fatigue and to the regulation of hormonal activity.

## FORMAT:

30 capsules.

4 capsules (sample).

## MARKET POSITIONING:

Menopause.

## POSODOLOGY:

1 Capsule a day shortly before going to sleep, for a minimum of 2 months.

## EU CLASSIFICATION:

Food supplement.



## INGREDIENTS:

Cimicifuga racemosa dry root extract (4-9:1) 20 mg.  
Vitamin B<sub>6</sub> 1.4 mg (100% NRV).  
Melatonin 1 mg.

NRV: Nutritional Reference Value.



SUITABLE  
FOR VEGANS



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE



SUGARS-FREE

\*The beneficial effect is obtained by consuming 1 mg of melatonin close to bedtime.



# CIMINOCTA FORTE

## ACTIVE SUBSTANCE:

*Cimicifuga racemosa* extract, Saffron extract (*Crocus sativus* L.), Olive extract, Melatonin, Vitamin B<sub>6</sub>, Vitamin D<sub>3</sub>.

## MAIN BENEFITS:

- With extracts of **Black cohosh**, ***Crocus sativus***, ***Olea europaea***, **melatonin** and **vitamins B<sub>6</sub>** and **D<sub>3</sub>**.
- **Black cohosh** helps women maintain a calm and comfortable menopause and overcome associated signs such as hot flushes, sweating, restlessness and irritability.
- ***Crocus sativus*** supports emotional and physical well-being.
- **Melatonin** helps to reduce the time it takes to fall asleep\*.
- ***Olea europaea*** extract, with hydroxytyrosol (phenolic compound from olive oil), helps protect blood lipids against oxidative damage\*\*.
- **Vitamin B<sub>6</sub>** reduces tiredness and fatigue and regulates hormonal activity.
- **Vitamin D<sub>3</sub>** contributes to the normal absorption and utilisation of calcium and to the maintenance of normal bones.

## FORMAT:

30 capsules.

4 capsules (sample).

## MARKET POSITIONING:

Menopause.

## POSODOLOGY:

1 Capsule a day shortly before going to sleep, for a minimum of 2 months.

## EU CLASSIFICATION:

Food supplement.

\*The beneficial effect is obtained by consuming 1 mg of melatonin close to bedtime.

\*\*The beneficial effect is obtained with a daily intake of 20 g of olive oil which contains at least 5 mg of hydroxytyrosol and its derivatives.



## INGREDIENTS:

| NUTRIENT   | PER CAPSULE     | %NRV  |
|--|-----------------|-------|
| <i>Cimicifuga racemosa</i> extract 4-9:1, of which:<br>Triterpene glycosides | 20 mg<br>0,5 mg |       |
| Saffron extract ( <i>Crocus sativus</i> L.) Affron                           | 30 mg           |       |
| Olive extract ( <i>Olea europaea</i> L.), of which:<br>Hydroxytyrosol        | 72 mg<br>5 mg   |       |
| Melatonin  | 1,9 mg          |       |
| Vitamin B <sub>6</sub>   | 1,4 mg          | 100 % |
| Vitamin D <sub>3</sub>   | 10 µg           | 200 % |

NRV: Nutritional Reference Value.



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE



SUGARS-FREE



# LONGYVIT

## ACTIVE SUBSTANCE:

Vitamin K<sub>2</sub> (menaquinone-7), DHA microalgae, B Group Vitamins, Iron, Vitamin D, Copper, Selenium and other vitamins and minerals.

## MAIN BENEFITS:

- **Vitamin K** contributes to the maintenance of normal bones.
- **DHA** contributes to maintenance of normal brain function and normal vision.
- **Vitamins B<sub>2</sub>, B<sub>3</sub>, B<sub>5</sub>, B<sub>6</sub>, B<sub>9</sub>, B<sub>12</sub>** and **iron** contribute to the reduction of tiredness and fatigue.
- **Copper, Selenium, Zinc** and **Vitamins B<sub>2</sub>, C** and **E** contribute to the protection of cells from oxidative stress.

## FORMAT:

30 tablets.

4 tablets (sample).

## MARKET POSITIONING:

Maturity / Menopause.

## POSODOLOGY:

1 capsule a day, preferably before a meal, accompanied by a little liquid. It is recommended to take a minimum of 3 months.

## EU CLASSIFICATION:

Food supplement.

## INGREDIENTS:

| NUTRIENT                                    | PER CAPSULE   | %NRV |
|---|---------------|------|
| DHA (docosahexaenoic acid) microalgae       | 160 mg        |      |
| Vitamin B <sub>9</sub> (folic acid)         | 200 µg        | 100% |
| Vitamin B <sub>5</sub>                      | 6.0 mg        | 100% |
| Biotin                                      | 50 µg         | 100% |
| Vitamin A (retinol equivalent)              | 800 µg        | 100% |
| Vitamin B <sub>1</sub>                      | 1.1 mg        | 100% |
| Vitamin B <sub>2</sub>                      | 1.4 mg        | 100% |
| Vitamin B <sub>3</sub> (niacine equivalent) | 16 mg         | 100% |
| Vitamin B <sub>6</sub>                      | 1.4 mg        | 100% |
| Vitamin B <sub>12</sub>                     | 2.5 µg        | 100% |
| Vitamin C                                   | 80 mg         | 100% |
| Vitamin D <sub>3</sub>                      | 5 µg (200 UI) | 100% |
| Vitamin E (alpha-tocopherol equivalent)     | 12 mg         | 100% |
| Vitamin K (Vitamin K <sub>2</sub> )         | 45 µg         | 60%  |
| Cooper                                      | 1 mg          | 100% |
| Chromium                                    | 40 µg         | 100% |
| Iron  | 14 mg         | 100% |
| Magnesium                                   | 60 mg         | 16%  |
| Selenium                                    | 55 µg         | 100% |
| Iodine                                      | 150 µg        | 100% |
| Zinc  | 10 mg         | 100% |

NRV: Nutritional Reference Value.



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SUGARS-FREE

# GYNEFER

## ACTIVE SUBSTANCE:

Iron (Ferginate), Vitamin C, Vitamin B<sub>12</sub> (Methylcobalamin), Coenzyme Q10.

## MAIN BENEFITS:

- **Ferginate** is a ferric saccharate microencapsulated in a matrix that protects it from the acid pH of the stomach. Its release is progressive and its absorption is optimal in the duodenum, avoiding gastrointestinal side effects.
- **Iron** contributes to normal formation of red blood cells and haemoglobin.
- **Iron, vitamin C** and **vitamin B<sub>12</sub>** contribute to the reduction of tiredness and fatigue.
- **Vitamin C** increases iron absorption.

## FORMAT:

30 capsules.  
4 capsules (sample).

## MARKET POSITIONING:

Vitamin and mineral deficiency.

## POSODOLOGY:

1 capsule a day or the dose recommended by your doctor or pharmacist.

It can be taken before, during or after meals.

## EU CLASSIFICATION:

Food supplement.

## INGREDIENTS:

| NUTRIENT                | PER CAPSULE | %NRV |
|-------------------------|-------------|------|
| Iron (Ferginate)        | 30 mg       | 214% |
| Vitamin C               | 80 mg       | 100% |
| Vitamin B <sub>12</sub> | 2.5 µg      | 100% |
| Coenzyme Q10            | 100 mg      |      |

NRV: Nutritional Reference Value.



PORK-FREE



GLUTEN-FREE



LACTOSE-FREE



SUGARS-FREE